

The following resources are available for families and loved ones who have lost someone to suicide:

Groups for grief and suicide loss survivors:

Clear Water Wellness, LLC:
www.cwwellness.com



www.ruokberks.com 484.816.ruOK(7865)

Community leaders collaborating to reduce suicide in Berks County through advocacy, education, and the reduction of stigma surrounding mental illness and suicide.

Coping after suicide loss-

American Psychological Association:
www.apa.org



www.grmha.org 610.775.3000

Greater Reading Mental Health Alliance is a non-profit organization dedicated to promoting mental health recovery and wellness for children and adults through advocacy, education and support services.

Talking to Your Child About a Suicide Death: A Guide for Parents and Caregivers-

Traumatic Stress Network:
www.nctsn.org



www.suicidepreventionlifeline.org 1.800.273.TALK(8255)

The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States.

Other Resources-

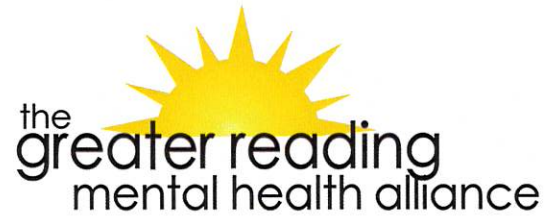
Suicide Prevention, Awareness, Support, & Loss Survivors:
suicide.org



Alliance of Hope:
allianceofhope.org



Provided by



LOSS Team

Local Outreach to Suicide Survivors

LOSS Team: *Local Outreach to Suicide Survivors* is a team of trained volunteers who have either lost a loved one to suicide or are concerned and caring community members. The LOSS Team responds to the scene of a suicide to provide critical, immediate support for those left behind.

*when you are ready,
we are here to help.*

For more information,
contact the Greater Reading Mental Health Alliance at
610-775-3000 or email us at info@grmha.org